

Resources for BIPOC Survivors (page 1 of 3):



Women of Color Network: building the capacity of women of color advocates responding to violence against women of color.

Website: www.wocninc.org

Social media: @wocninc.org (Facebook) and @WOCNetwork (Twitter)

Details: includes leadership initiative, resources, toolkits, and more

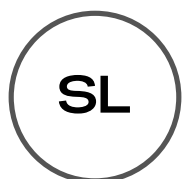


Therapy for Black Girls: an online space dedicated to encouraging the mental wellness of Black women and girls.

Website: www.therapyforblackgirls.com

Social media: @therapyforblackgirls (Facebook and Instagram) and @therapy4bgirls (Twitter)

Details: not specific to survivors of sexual violence; includes a podcast, blog, and resource for finding a therapist



Sisters Lead: advocacy organization supporting WOC and organizations by/for communities of color.

Website: www.sisterslead.org

Social media: @scesa (Facebook), @scesa_woc (Instagram and Twitter)

Details: includes directories to resources for multiple BIPOC communities



National Latino Network: the national institute on domestic violence focusing on Latin@ communities.

Website: www.nationallatinonetwork.org

Social media: @casadeesperanzamn (Facebook and Twitter), @casa_de_esperanza (Instagram)

Details: most information is for service providers, but includes culturally-specific materials

Resources for BIPOC Survivors (page 2 of 3):

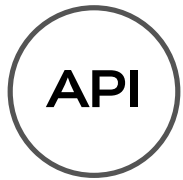


Centro Latino Americano [Lane County resource]: a bilingual and multicultural agency serving Latino families in Lane County.

Website: www.centrolatinoamericano.org

Social media: @ElCentroLatinoamericano (Facebook) and @centro_latino_americano (Instagram)

Details: includes mental health resources, youth-specific programs, and comprehensive support navigating barriers

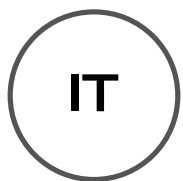


API Chaya: empowers survivors of gender-based violence and human trafficking from South Asian, Asian, Pacific Islander, and all immigrant communities to gain safety, connection, and wellness.

Website: www.apichaya.org

Social media: @APICHayaSeattle (Facebook) and @apichayasea (Instagram)

Details: includes a helpline, support groups, and support navigating resources



Inclusive Therapists: resource for finding therapy that is inclusive for the BIPOC and LGBTQIA2S+ community.

Website: www.inclusivetherapists.com

Social media: @InclusiveTherapy (Facebook), @inclusivetherapists (Instagram), and @inclusivemh (Twitter)

Details: not specific to survivors of sexual violence

Resources for BIPOC Survivors (page 3 of 3):



Books and other media:

Sisters of the Yam: Black Women and Self-Recovery by Bell Hooks

Love WITH Accountability: Digging up the Roots of Child Sexual Abuse
edited by Aishah Shahidah Simmons

This Bridge Called My Back: Writings by Radical Women of Color
edited by Cherríe Moraga, Gloria E. Anzaldúa, and Toni Cade Bambara

Dear Sister: Letters From Survivors edited by Lisa Factora-Borchers

Decolonizing Trauma Work: Indigenous Stories and Strategies by Renee Linklater

After: Surviving Sexual Assault (Podcast): a podcast featuring sexual violence survivors, sharing their stories; features stories from BIPOC survivors. Content warning on this material.



Social Media Accounts:

@latinxtherapy (Instagram): destigmatizing mental health in the Latinx community through their bilingual podcast

@qtpocmentalhealth (Instagram): original writing and art by queer and trans POC

@blackgirlinom (Instagram): space for black women to breathe easy