

SURVIVOR RESOURCE GUIDES

SEXUAL ASSAULT SUPPORT SERVICES

Resources for Survivors:



National Sexual Violence Resource Center: information and tools to prevent and respond to sexual violence.

Website: www.nsvrc.org

Social media: @nsvrc (Facebook, Instagram, and Twitter), plus YouTube

Details: includes informational resources, podcasts, and more



Books:

It Didn't Start With You by Mark Wolynn

Ask: Building Consent Culture edited by Kitty Stryker

Learning Good Consent by Cindy Crabb

Sex Positive Talks to Have With Kids by Melissa Pintor Carnagey

The Body is Not an Apology by Sonya Renee Taylor

The Sexual Healing Journey by Wendy Maltz

Pleasure Activism by adrienne marie brown

Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others by Laura van Dernoot Lipsky



Social Media Accounts:

@spacetospeakorg (Instagram): a community of survivors, sex educators, and allies.

@survivor.love.letter (Instagram): writing and art for survivors, by survivors

@iamempwr (Instagram): supporting & empowering survivors of sexual/relationship trauma to heal together