

SURVIVOR RESOURCE GUIDES

SEXUAL ASSAULT SUPPORT SERVICES

Resources for Male Survivors:



1 in 6

1 in 6: helping men who have had unwanted or abusive sexual experiences live healthier, happier lives.

Website: www.1in6.org

Social media: @1in6org (Instagram, Facebook, and Twitter)

Details: includes weekly online support groups, 24/7 chat helpline, additional reading and other resources



MS

MaleSurvivor: preventing, healing, and eliminating all forms of sexual victimization of boys and men through support, treatment, research, education, advocacy, and activism.

Website: www.malesurvivor.org

Social media: @MaleSurvivor (Facebook and Twitter)

Details: includes online forums, blog posts, resources, webinars



MR
MC

Mckenzie River Men's Center [Lane County resource]: helping men lead healthier lives

Website: www.mckenzierivermenscenter.possiblemasculinities.com

Details: not specific to survivors of sexual violence; includes resources, opportunities for engagement



Books and other media:

Boys Don't Tell: Ending the Silence of Abuse by Randy Ellison

Victims No Longer: Men Recovering from Incest and Other Sexual Abuse by Mike Lew

Speaking Our Truth: Voices of Courage and Healing for Male Survivors of Childhood Sexual Abuse by Neal King

Joining Forces: Empowering Male Survivors to Thrive by Dr. Howard Fradkin

Men Too: Unspoken Truths about Male Sexual Abuse by Dr. Kelli Palfy

After: Surviving Sexual Assault (Podcast): a podcast featuring sexual violence survivors, sharing their stories; features stories from male survivors. Content warning on this material.