

## Resources for Survivors Who Experience Disability:



**The National Deaf Hotline:** safe, confidential advocacy services for Deaf survivors.

**Website:** [www.thedeafhotline.org](http://www.thedeafhotline.org)

**Social media:** @The-Deaf-Hotline-102241331236027 (Facebook) and @deafhotline (Instagram), plus YouTube

**Details:** 24/7 video phone, email, and web chat



**Lane Independent Living Alliance** [Lane County Resource]: organization serving people with physical, mental, cognitive, and sensory disabilities.

**Website:** [www.lilaoregon.org](http://www.lilaoregon.org)

**Social media:** @LILA97401 (Facebook)

**Details:** support groups, advocacy, resource navigation, and more